TRUECARE

IMPORTANT NOTICE FOR OUR HOME CARE PATIENTS

Medicaid Is Changing.

Here's what you need to know.

New federal rules are changing how New Yorkers keep Medicaid. Most of our patients will not be affected. But everyone should take one step today.

Nothing changes today. Your coverage and your True Care services stay the same. NY State of Health will contact you before anything changes.

What is changing, and when

By Sept. 30, 2026	**Watch your mailbox.** If the new work rules apply to you, NY State of Health will send a notice. No notice means they likely do not apply.
Starting Oct. 1, 2026	**Eligibility changes for some immigrants.** Some adults may no longer qualify, based on immigration status. If that is you, you will get a notice and help finding other coverage.
Starting Jan. 1, 2027	**Work rules begin for some adults ages 19–64.** Checked when you apply or renew. Meet them by earning $580 or more a month, or by doing 80 hours of work, school, training, or volunteering.
Starting Jan. 1, 2027	**Renewals every 6 months** instead of yearly, for most adults ages 19–64. Renew before March 1, 2027 to get 12 months first.
Starting Jan. 1, 2027	**Less help with past medical bills.** Medicaid will cover 1 month of past bills for adults 19–64 and 2 months for everyone else, down from 3. Apply as soon as you think you qualify.

Many of our patients will not have to meet the work rules

- ✓ Age 65 or older, or 18 or younger
- ✓ Enrolled in Medicaid with a disability
- ✓ A health condition that makes it hard to work
- ✓ On Medicare Part A or B
- ✓ Pregnant, or pregnant in the last 12 months
- ✓ Caring for a child under 14 or a person with a disability
- ✓ A veteran with a total disability
- ✓ American Indian or Alaska Native

Other exceptions apply. You may need to show proof when you renew.

Do this one thing now

Make sure NY State of Health can reach you. Check that your address, phone, and email are up to date.

ONLINE Log in at **nystateofhealth.ny.gov**

CALL **1-855-329-8850** TTY: 1-800-662-1220

IN PERSON Meet with a free enrollment assistor near you

APP Use the **NYSOH Mobile Upload** app

Enrolled through your county's Department of Social Services? Contact that office instead.

Open your mail. If NY State of Health or your health plan contacts you, respond by the deadline. It is the best way to protect your coverage and your home care.

Questions? Your True Care Coordinator can help! Call 718-854-8783

Source: NY State of Health, "Changes to Medicaid Coverage," info.nystateofhealth.ny.gov/stay-covered (Aug. 19, 2026). Rules may change as the federal government finalizes them. General information only; not a determination of your eligibility or benefits. True Care is a Licensed Home Care Services Agency (LHCSA).